

ANGMERING CLUSTER



Key Stage 1 The Angmering Cluster Swimming Gala

At St. John the Baptist School, School Hill, Findon.

1st = 5 points, 2nd = 3 points, 3rd = 2 points, 4th = 1 point

Teams will consist of four boys and four girls. We want the children to enjoy and race as much as possible so they will take part in all of the relay races. Each child must swim in an individual race so all of the team members participate in no more than 6 races in total.

Race No	EVENT	SJB	Ferring	GG	SW	
1	Length front crawl					
2	Length breaststroke					
3	Length backstroke					
4	Length dolphin kick & swim through hoop					
5	Balancing ring on head, walking (replay) widths or lengths					
6	Pass the ball – kicking legs, holding ball & passing to team members along the length of the pool					
7	Balls in the basket – collect coloured balls and return to correct colour basket (timed activity per school)					
8	Fish for the 'fish & chips'. Dive for submersibles & collect in basket (timed event)					
9	Obstacle relay (using wiggly seaweed, hoops & submersibles)					
10	Return the spaceships to base! (Push 'egg flip' toys with nose into a floating hoop – timed event)					
11	Pass ball over heads (better across the width of the pool, team stand in a line and pass ball over heads)					
12	'Woggle' horse race (Findon's equivalent to Ascot!)					
	Presentation					