



## **ENDBALL / Benchball**

Schools should bring a mixed squad of up to 7 players, 5 of whom will be on court at any time. Matches will take place on the playground with courts across the width of the netball court. Teams should ensure that any bags, spectators, etc... are well clear of the court sidelines. No spectators are allowed behind the end lines.

### Rules:

- Each country will have a maximum 7 players in their squad.
  - 5 players on court at any time (substitutions allowed)
  - Opposing teams to wear bibs if there is a colour clash of shirts – Schools should provide their own bibs.
  - Size 4 playball will be used.
  - Teams must assign a goalie to stand behind the end line of the court.
  - Outfield players cannot touch or cross the end line.
  - No contact is allowed. (Enforced strictly)
  - Players should try not to move with the ball but will be allowed to take up to 3 steps before the pass it.
  - Team-mates score a goal if they can make a clean (does not touch the ground) pass to the goalie who catches it whilst standing behind the end line. (Catchers are NOT allowed in front or to touch the line / off mat). The pass is not allowed to bounce.
  - The scorer then swaps with the goalie behind the end line / on mat.
  - Depending on the number of participating teams, games will last 5 minutes each (no half time).
  - No running with the ball.
  - No contact.
  - If the ball goes out of court, it is given to opposing team.
- Players should be encouraged to make short, quick 2 handed passes – as longer, higher passes are harder to catch and more likely to be intercepted. Passes are more effective if not too lofted. Players cannot score from their own half of the court.

This will be played like a round robin with:

4 points for a Win

2 for a draw and

1 for a Loss.